

# Introduction

According to St. John Damascene, “Prayer is the raising of one’s mind and heart to God or the requesting of good things from God.” Prayer is our connection to the the living God. It is an essential part of our Catholic faith.

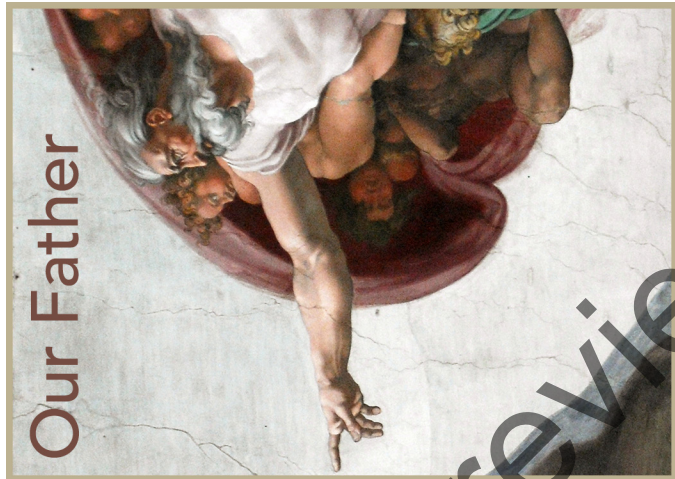
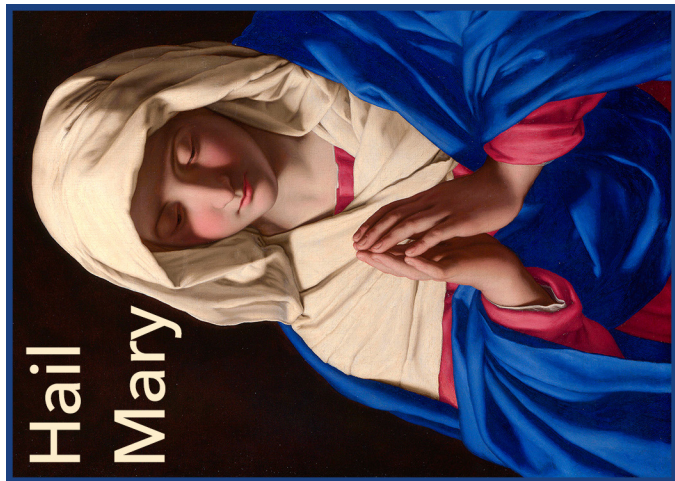
It’s important to teach our children how to pray so that they, too, can communicate with our loving God. Teaching them to pray involves showing them both formal and informal prayers. The purpose of this book is to help you with the former.

The prayer cards in this book will provide your child with visual cues for learning some of the basic Catholic prayers. The artwork is intended to be an inspiration to them as well as a physical representation of certain biblical events and aspects of our faith. They can be stored in a place where your child prays, taken on road trips, or used as bookmarks. Instructions for preparing the prayer cards are included in this book.

When helping your child learn the Catholic prayers, I suggest you focus on one at a time so that he won’t be too overwhelmed. There are twelve prayers in this book. You may want to do one per month starting with the shortest and easiest (The Sign of the Cross) and progressing to the longest and most difficult (Apostles’ Creed).

It is my sincere hope that you and your child enjoy these prayer cards. May they inspire you and your family to seek God and pray daily.

Preview Copy





## The Sign of the Cross

In the name  
of the Father,  
and of the Son,  
and of the  
Holy Spirit.  
Amen.

## Glory Be

Glory be to the Father,  
and to the Son,  
and to the Holy Spirit.  
As it was in the beginning,  
is now,  
and ever shall be,  
world without end.  
Amen.

## Our Father

Our Father,  
Who art in Heaven,  
hallowed be Thy name;  
Thy Kingdom come,  
Thy will be done  
on earth as it is in Heaven.  
Give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those who  
trespass against us;  
and lead us not into temptation,  
but deliver us from evil.  
Amen.

## Apostles' Creed

I believe in God, the Father Almighty,  
creator of heaven and earth. I believe in  
Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the  
Holy Spirit and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried. He  
descended into hell. On the third day he  
rose again. He ascended into heaven, and  
is seated at the right hand of the Father.  
He will come again to judge the living and  
the dead. I believe in the Holy Spirit, the  
holy catholic Church, the communion  
of saints, the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.

## Hail Mary

Hail Mary, Full of Grace,  
The Lord is with thee.  
Blessed art thou  
among women,  
and blessed is the  
fruit of thy womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners now,  
and at the hour  
of our death.  
Amen.

## Hail, Holy Queen

Hail, Holy Queen, Mother of Mercy,  
our life, our sweetness and our hope.  
To thee do we cry, poor  
banished children of Eve.  
To thee do we send up our sighs,  
mourning and weeping  
in this valley of tears.  
Turn, then, O most gracious Advocate,  
thine eyes of mercy toward us,  
and after this, our exile,  
show unto us the blessed fruit  
of thy womb, Jesus.  
O clement, O loving,  
O sweet Virgin Mary.