## Homeschooling with a Touch of Class

St. Patrick's Breastplate Copywork



### Susan Brown

St. Patrick's Breastplate Copywork by Susan Brown

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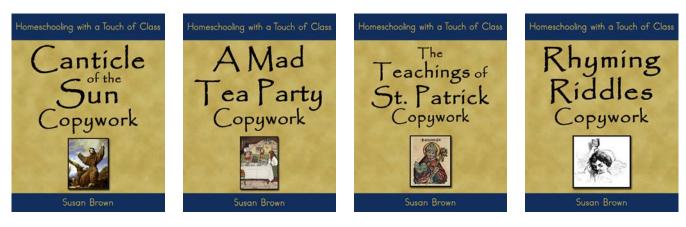
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This book is based on the following work: St. Patrick, His Writings and Life. By Newport J. D. White

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Find these and more at: www.WarmHeartsPublishing.com Thank you for downloading Homeschooling with a Touch of Class copywork. I hope that you find this work beneficial for your children. It is my desire to provide you with not only good copywork material, but also valuable tools to assist you in using it with your children. For that reason, I have included such information as some background on the text, suggestions for use, and a list of classical music for your children to listen to while copying. I hope that these extras help make the copywork a more enjoyable experience for your children.

### About St. Patrick's Breastplate

St. Patrick was a Christian missionary who traveled around Ireland in the 5th century A.D. On his journeys, he and his followers were occasionally at risk of attack by non-believers. To remedy this situation, St. Patrick composed a hymn which he sang as a prayer for their protection. This hymn came to be known as "The Lorica of St. Patrick." A lorica is a kind of spiritual armor or breastplate which is how the hymn got the name we are familiar with today, "St. Patrick's Breastplate."

### **About This Book**

The copywork in this book is based on the abridged version of "St. Patrick's Breastplate" that you find in prayer books and hymnals today. However, I have also included a complete version of the piece at the end of this.

### Suggestions for Use

There are multiple ways this copywork can be used. Your child can:

- write directly on the pages of this book,
- copy the text into a notebook or onto specially lined handwriting paper,
- create a poster with it,
- write it into a prayer book.

### **Recommended Music**

Listening to classical music while handwriting can make a potentially tedious task more fun. It also turns copywork into a multi-sensory experience because it adds auditory input to the already existing visual one. This multi-sensory approach strengthens connections in the child's brain. In addition, this technique is valuable for reaching children of a variety of learning styles.

Here is a list of possible musical selections to go with this copywork:

- Carolan's Concerto by Turlough O'Carolan
- Carolan's Dream by Turlough O'Carolan
- Jesu, Joy of Man's Desiring by Johann Sebastian Bach

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# Saint Patrick's Breastplate

Christ with me, Christ before me, Christ behind me, Christ in me, Christ under me, Christ over me, Christ to the right of me, Christ

to the left of me, Christ when I lie down, Christ when I sit, Christ when I get up, Christ in the heart of every

person who may think of me, Christ in the mouth of every one

who may speak to me, Christ in every eye which may look on me, Christ in every ear which may hear me.

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Christ with me, Christ before me, Christ behind me, Christ in me, Christ under me, Christ over me, Christ to the right of me, Christ to the left of me, Christ when I lie down, Christ when I sit. Christ when I get up, Christ in the heart of every person who may think of me, Christ in the mouth of every one who may speak to me, Christ in every eye which may look on me, Christ in every ear which may hear me.



### St. Patrick's Breastplate

Ι

I arise today:

through a mighty strength, the invocation of the Trinity; through a belief in the Threeness; through a confession of the Oneness; towards the Creator of all Creation.

### Π

I arise today:

in the might of Christ's Birth and Baptism; in the might of His Crucifixion and Burial; in the might of His Resurrection and Ascension; in the might of His coming on the Day of Judgement.

### III

I arise today:

in the might of the love of Cherubim; in obedience of Angels; in service of Archangels; in hope of resurrection for the sake of reward; in prayers of Patriarchs; in predictions of Prophets; in preachings of Apostles; in faiths of Confessors; in innocence of holy Virgins;

in deeds of righteous men.

IV

I arise today: in the might of Heaven; brightness of Sun; brilliance of Moon; splendor of Fire; speed of Lightning; swiftness of Wind; depth of Sea; stability of Earth; firmness of Rock. I arise today:

in the might of God to pilot me; Power of God to uphold me; Wisdom of God to teach me; Eye of God to look before me; Ear of God to be my hearing; Word of God to speak for me; Hand of God to guard me; Path of God to lie before me; Shield of God to protect me; Host of God to save me; against snares of demons; against allurements of vices; against allurements of nature; against every person that wishes me ill, far and near; one or many.

#### VI

I invoke therefore all these forces:

to intervene between me and every fierce merciless force that may come upon my body and my soul;

against incantations of false prophets;

against black laws of paganism;

against false laws of heresy;

against deceit of idolatry;

against spells of women and smiths and druids;

against all knowledge that is forbidden the human soul.

### VII

Christ for my guardianship today: against poison, against burning, against drowning, against wounding, that there may come to me a multitude of rewards; Christ with me, Christ before me, Christ behind me, Christ before me, Christ behind me, Christ in me, Christ under me, Christ over me, Christ to the right of me, Christ to the left of me, Christ to the right of me, Christ to the left of me, Christ when I lie down, Christ when I sit, Christ when I get up, Christ in the heart of every person who may think of me, Christ in the mouth of every one who may speak to me, Christ in every eye which may look on me, Christ in every ear which may hear me. St. Patrick's Breastplate Copywork 14

V

I arise today:

through a mighty strength, the invocation of the Trinity; through a belief in the Threeness; through a confession of the Oneness; towards the Creator of all Creation; Salvation is the Lord's, salvation is the Lord's, salvation is Christ's;

May your salvation, O Lord, be always with us.